

Internship Admissions, Support, and Initial Placement Data

Date Program Tables were updated: September 7th, 2021

Briefly describe in narrative form important information to assist potential applicants in assessing their likely fit with your program. This description must be consistent with the program's policies on intern selection and practicum and academic preparation requirements:

<p>Mental Health Systems' (MHS) Doctoral Internship Program provides the training environment necessary for doctoral interns to be competent in providing intensive outpatient services including group, individual therapy, and assessment. MHS' primary client population is made up of underserved clients with significant and chronic mental health conditions, e.g. chronic depression and anxiety, co-occurring mental health and chemical health symptoms, and clients with co-occurring physical and mental health conditions.</p> <p>MHS' training program begins with Dialectical Behavior Therapy (DBT). After developing a foundation of group DBT skills, doctoral interns are provided the opportunity to choose from elective training options for the second half of the training year. These electives include: DBT with adolescents, DBT with early adolescents, DBT for individuals with intellectual disabilities, programming with dual disorder clients, or our integrated health programming for individuals with chronic pain or cancer. See website and internship brochure for more detailed information about training opportunities.</p>	<p>Program provides the training environment necessary for doctoral interns to be competent in providing intensive outpatient services including group, individual therapy, and assessment. MHS' primary client population is made up of underserved clients with significant and chronic mental health conditions, e.g. chronic depression and anxiety, co-occurring mental health and chemical health symptoms, and clients with co-occurring physical and mental health conditions.</p> <p>MHS' training program begins with Dialectical Behavior Therapy (DBT). After developing a foundation of group DBT skills, doctoral interns are provided the opportunity to choose from elective training options for the second half of the training year. These electives include: DBT with adolescents, DBT with early adolescents, DBT for individuals with intellectual disabilities, programming with dual disorder clients, or our integrated health programming for individuals with chronic pain or cancer. See website and internship brochure for more detailed information about training opportunities.</p>
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Required Qualifications:

- 1) At least 500 direct intervention hours completed.
- 2) At least 100 direct assessment hours completed.

Other Desired Qualifications:

- 1) Be in good standing within their current academic program.
- 2) Demonstrate an active interest in the training opportunities offered by MHS and articulate the nature of those interests.
- 3) Be willing to take risks and explore their therapeutic process.
- 4) Have an accepting attitude toward individuals who present with Borderline Personality Disorder or other symptoms and disorders that continue to receive negative stigma within the field and society.
- 5) Demonstrate a willingness to become an active member of our team.
- 6) Are interested in working in a setting that embraces continued growth in cultural competence and evidence-based practices.

Does the program require that applicants have received a minimum number of hours of the following at time of application? If Yes, indicate how many:			
Total Direct Contact Intervention Hours	N	Y	Amount: 500
Total Direct Contact Assessment Hours	N	Y	Amount: 100
Describe any other required minimum criteria used to screen applicants:			
Applicants are required to have passed comprehensive exams and proposed their dissertation prior to start of internship.			

Financial and Other Benefit Support for Upcoming Training Year*

Annual Stipend/Salary for Full-time Interns	28,000	
Annual Stipend/Salary for Half-time Interns	Not applicable	
Program provides access to medical insurance for intern?	Yes	No
If access to medical insurance is provided:		
Trainee contribution to cost required?	Yes	No
Coverage of family member(s) available?	Yes	No
Coverage of legally married partner available?	Yes	No
Coverage of domestic partner available?	Yes	No
Hours of Annual Paid Personal Time Off (PTO and/or Vacation)	Ten days of vacation and six paid holidays. See below for more information.	
Hours of Annual Paid Sick Leave	PTO only.	
In the event of medical conditions and/or family needs that require extended leave, does the program allow reasonable unpaid leave to interns/residents in excess of personal time off and sick leave?	Yes	No
Other Benefits (please describe):		
<p>Doctoral interns are allotted 2 weeks of vacation (10 days) and 6 paid holidays, including: Labor Day, Thanksgiving, Christmas, New Year's, Memorial Day, July 4th.</p>		

*Note. Programs are not required by the Commission on Accreditation to provide all benefits listed in this table

Initial Post-Internship Positions

(Provide an Aggregated Tally for the Preceding 3 Cohorts)

	2017-2020	
Total # of interns who were in the 3 cohorts	9	
Total # of interns who did not seek employment because they returned to their doctoral program/are completing doctoral degree	0	
	PD	EP
Community mental health center	3	4
Federally qualified health center	0	0
Independent primary care facility/clinic	0	0
University counseling center	0	0
Veterans Affairs medical center	0	0
Military health center	0	0
Academic health center	0	0
Other medical center or hospital	0	0
Psychiatric hospital	0	0
Academic university/department	0	0
Community college or other teaching setting	0	0
Independent research institution	0	0
Correctional facility	0	0
School district/system	0	0
Independent practice setting	0	2
Not currently employed	0	0
Changed to another field	0	0
Other	0	0
Unknown	0	0

Note: "PD" = Post-doctoral residency position; "EP" = Employed Position. Each individual represented in this table should be counted only one time. For former trainees working in more than one setting, select the setting that represents their primary position.