



Mental Health Systems, PC
 6600 France Ave S, #230
 Edina, MN 55435
 952-835-2002
 952-835-9889 fax

Attendance/Discharge Contract

- Because your attendance is below 85%, you will go on an attendance or discharge contract. Note that an attendance contract precedes a discharge contract.
- Attendance and discharge contracts require you to attend at least 5 out of the next 6 sessions (85%) starting the day of the contract (you get credit for today if you are in program).
- When you successfully complete either an attendance or discharge contract, it automatically ends.
- If you miss more than 1 time during the attendance contract, you will go on a discharge contract.
- If you miss more than 1 time during the discharge contract, you will be discharged from group at the time of your second absence.
- If discharged, you cannot reapply to group for 3 months.

Please note: Attendance and discharge contracts are intended to help you to stay committed to the program and your own goals and recovery. Use this as an opportunity to talk with your therapist and program members about issues that need to be addressed to increase your success.

Date of **attendance/discharge** (*circle one*) contract: _____

Treatment Team contacted: yes/no (*circle one*)

Acknowledged by: _____

Client

Therapist